PRAYER; COL. 4:2-4 (Ed O'Leary)

INTRODUCTION.

BEFORE MOVING INTO HIS FINAL GREETINGS ~ TO THE CHURCH AT COLOSSAE, ~ 77

▶▶Paul gives ~ some final instructions, ~ finishing up the body of his letter ~ in 4:2-6.

>>And today ~ we'll begin looking at them.

IN THIS BRIEF PARAGRAPH, ~ PAUL HAS ~ INSTRUCTIONS FOR BELIEVERS ~ IN TWO areas.

- $\triangleright \triangleright 1^{st}$, ~ instructions for prayer, ~ verses 2-4....
- ▶▶And 2nd, ~ instructions for effective evangelism, ~ verses 5-6....

TODAY, ~ WE'LL CONCENTRATE OUR ATTENTION ~ ON PAUL'S INSTRUCTIONS FOR prayer, ~ Col. 4:2-4.

BROKEN DOWN THIS WAY.

- ▶▶In verse 2, ~ Paul educates us on ~ how ~ to pray. ⇒⇒ Vs. 2.
- ▶▶In verses 3-4, ~ he asks for prayer ~ for ~ himself and his missionary team. ⇒⇒ VV. 3-4.

VERSE 2 ~ AND PAUL'S INSTRUCTIONS ~ ON HOW TO PRAY.

THERE ARE THREE PARTS TO THESE INSTRUCTIONS. 11 1/14

```
▶ Verse 2a, ~ the first ~ of two ~ exhortations.
    Devote yourselves to prayer. ⇒⇒ Devote yourselves to prayer.
 ▶ Verse 2b, ~ the second of two exhortations.
    >>being watchful in it. ⇒⇒ Stay alert in it.
 ▶▶And verse 2c, ~ the attitude ~ we should have in prayer.
    >>With thanksgiving.
THE FIRST EXHORTATION, ~ VERSE 2a.
DEVOTE YOURSELVES TO PRAYER.
 ▶▶Exhortations to pray ~ are common in Paul's letters.
 ▶▶Some examples.
    >>Rom. 12:12, ~~ Be constant in prayer.
    ⊳⊳Eph. 6:18 (CSB), ~~ Pray at all times.
    \triangleright \triangleright 1 Thess. 5:17, ~ Pray without ceasing.
 ▶▶The frequency of these exhortations ~ point to three implications.
```

 $\triangleright \triangleright 1^{st}$, ~ prayer is absolutely important. 11 2/14

```
→ E.g. ~ Paul makes this abundantly clear in his discussion of spiritual warfare.
            → → He shows us that ~ prayer is crucial ~ to believers holding our position ~ 77
                ragainst the spiritual forces of evil in the heavenly places.
     \triangleright \triangleright 2^{nd}, ~ the frequency of these exhortations ~ implies that ~ we need prayer.
        → Jesus is our model.
            → Lk.: before choosing the 12, ~ whole night in prayer.
            → Before teaching disciples how to pray, ~ Lk: ~~ Jesus was praying.
            \rightarrow \rightarrow Garden of Gethsemane. \Rightarrow \Rightarrow If Jesus needed prayer....
     >> And 3<sup>rd</sup>, ~ the frequency of the exhortations ~ implies that ~ 77
         → we are to take this matter of prayer ~ absolutely seriously.
NOW, ~ WE MUST BE CAREFUL ~ AND NOT MISINTERPRET THESE COMMANDS.
 ►Not: ~~ always saying prayers ~ 24/7.
 ▶▶God does not call us ~ to jettison our common sense ~ when reading/studying the Bible.
     \triangleright \triangleright Unfortunately, ~ some do.
     \trianglerightAnd common sense tells us ~ that ~ this would be impossible. 11 3/14
```

```
▶▶Point: ~~ prayer ~ is to become ~ a routine part ~ of our daily lives.
 ▶▶In fact, ~ Col. 4:2a ~ can be paraphrased this very helpful way.
     >> Always maintain ~ the habit ~ of prayer.
        → Sums up all of the exhortations quite well.
THE IMPLICATIONS OF THIS SUMMARY EXHORTATION ~ ARE ENORMOUS.
 ▶▶Just three here.
 ▶▶1<sup>st</sup>, ~ prayer in the believer's life ~ is not ~ just an option ~ for occasional emergencies.
    >> Solely foxhole praying ~ is not ~ a valid option for us. ~~ Sadly do sometimes . . . .
 \triangleright \triangleright 2^{nd}, ~ prayer for the believer ~ can never ~ be a sporadic thing.
     >>Paul and his team ~ were models of this.
        → E.g., ~ in Col. 1:9 . . . .
        → Paul in prison. ⇒ Not self-focused.
 ▶▶And 3<sup>rd</sup>, ~ take the area of spiritual warfare, ~ which we've already alluded to.
    \triangleright The constant spiritual battles ~ in which we are engaged ~ call for us ~ 77
        → to always ~ maintain the habit of prayer. 11 4/14
```

```
\triangleright If we are to hold our position ~ against Satan and his fellow fallen angels ~ then, ~ 77

→ in addition ~ to putting on the full armor of God, ~ prayer ~ must become ~ a
```

JESUS, ~ TOO, ~ CALLS US TO ~ ALWAYS MAINTAIN ~ THE HABIT ~ OF PRAYER.

▶ But notice how he puts it ~ in Lk. 18:1 (CSB).

routine part ~ of our daily lives.

>>Now he told them a parable ~ on the need for them to pray always ~ and not give up.

PERSISTENCE IN PRAYER ~ WAS EXEMPLIFIED ~ IN THE EARLY CHURCH.

► Acts 2:42 (CSB), ~ They devoted themselves ~ to the apostles' teaching, ~ to the fellowship, ~ to the breaking of bread, ~ and to prayer.

WHY PAUL'S REPETITION TO ALWAYS MAINTAIN THE HABIT OF PRAYER?

- ►► And why does Jesus ~ say, ~ "Don't give up"?
- ▶▶Because ~ we are tempted to give up on prayer.
 - >>When our prayers seemingly go unanswered, ~ we can become discouraged.

```
→ Adoption . . . . ⇒ ⇒ Loved ones . . . .
```

- $\triangleright \triangleright$ Also, ~ too often ~ we don't take the long view on prayer, ~ and so get discouraged.
 - → → Drive-up window.
 - →→Pizza Hut ⇒⇒ Today instant ⇒⇒ God works as always did (Abraham). 11 5/14

```
>>Furthermore, ~ prayer often ~ brings on ~ spiritual attack.
      → Hard work . . . . ⇒ ⇒ Spiritual battle . . . .
      → Our sinful nature ~ wants no part of prayer, ~ and so it fights us.
      → On another front, ~ Satan knows the power of prayer ~ better than we do.
         → Pulls out all of the stops ~ to get us ~ to stop praying.
      \rightarrow And we grow weary in the battle.
   >>What's more, ~ life gets in the way . . . .
►►So, ~ why not give up?
   >> Well, ~ for one thing, ~ the Lord tells us ~ not to give up.
      → → Command . . . .
      ⇒⇒Restrict freedom? ⇒⇒ Knows what's best for us.
   >> And for another thing, ~ because of what Paul says ~ in 1 Cor. 15:58.
      → Therefore, ~ my beloved brothers, ~~ be ~ steadfast, ~ immovable, ~~ always
      abounding ~ in the work of the Lord, ~~ knowing ~ that in the Lord ~ your labor ~ is not
      ~ in vain.
   \triangleright \triangleright I.e., ~ nothing we do for the Lord ~ is ever useless, ~ including prayer. 11 6/14
```

VERSE 2b (CSB). ⇒⇒ STAY ALERT IN IT.

- ▶▶The Greek word for "alert" ~ literally means ~~ to be awake, ~ to keep watch over.
- ▶▶Figuratively.

 \triangleright He's referring to \sim having an alert mind.

 $\rightarrow \rightarrow C$ ould express this way.

→ Devote yourselves to prayer ~ with an alert mind.

 $\triangleright \triangleright$ Same in 1 Pet. 5:8.

⇒⇒Be sober-minded; ~~ be watchful. ~~ Your adversary the devil ~ prowls around like a roaring lion, ~ seeking someone to devour.

▶▶And here in Col. 4:2b, ~ Paul applies it to prayer.

 \triangleright \vdash He wants us ~ to keep our minds ~ alert ~ when it comes ~ to the area of prayer.

APPARENTLY, \sim IT IS DIFFICULT TO KNOW \sim PRECISELY \sim TO \sim what this phrase refers.

▶▶It seems to be ~ an umbrella phrase, ~ covering a lot of territory.

I SUGGEST ~ THAT IT COVERS ~ AT LEAST ~ THE FOLLOWING FOUR POINTS.

▶▶ 1^{st} , ~ pay attention ~ to what we are saying to God. 11 7/14

```
>>IOW, ~ don't be mindless in our praying.
   >> Jesus warned us about this ~ in the sermon on the mount.
       → Matt. 6:7. ⇒⇒ And when you pray, ~ do not heap up ~ empty phrases as the
      Gentiles do, ~ for they think ~ that they will be heard ~ for their many words.
      → Pagans ~ repeated ~ the names of their gods ~ or the same words ~ over and over ~
      without thinking.
          \rightarrow \rightarrow 1 Kings 18:26a. \Rightarrow \Rightarrow And they took the bull that was given them, ~ and they
          prepared it ~ and called upon the name of Baal ~ from morning until noon, ~ saying, ~
          "O Baal, answer us!"
       → Jesus ~ is prohibiting ~ mindless, ~ mechanical ~ repetition, ~~ not ~ 77
          → the earnest repetition ~ that flows ~ from the imploring heart.
             → Mk. 14:39. ⇒ And again he went away ~ and prayed, ~ saying ~ the same
             words.
       → Repetition ~ is not the issue . . . .
   \triangleright \triangleright Don't be mindless ~ in our praying.
▶▶2<sup>nd</sup>, ~ keeping our minds alert for prayer no doubt includes ~ knowing the circumstances
of life.
   \trianglerightIOW, ~ be aware of ~ what's going on in the world ~ and around us.
```

→ Then we can pray intelligently. 11 8/14

```
>> Certainly, ~ this would fall under Paul's admonition in Eph. 5:15 (CSB).
      ⇒⇒Pay careful attention, ~ then, ~ to how you live ~~ not ~ as unwise people ~ but ~ as
      wise.
▶▶3<sup>rd</sup>, ~ keeping our minds alert for prayer ~ would surely in include ~ 77
   Deling on guard ~ against ~ our ~ worldly and selfish desires.
   >> James warned about wrong motives in prayer ~ when he rebuked his original readers.
      → James 4:3 (CSB). ~~ You ask and don't receive ~~ because you ask with wrong
      motives, ~~ so that ~ you may spend it ~ on your pleasures.
   >>Now it's important to understand here.
      → They were not accused ~ of praying ~ for sinful things.
      ⇒⇒But their basic purpose ~ in making their requests ~ was to further ~ their personal
      pleasures.
      ⇒⇒It is possible ~ to ask ~ for good things ~ for a bad reason.
   \trianglerightIt's not ~ that we are not to pray for our needs.
      → Told to ....
   >> Their problem was ~ worldly, ~ self-centered ~ desires ~ invaded their prayer life.
   \triangleright We need to make sure ~ this doesn't happen. 11 9/14
```

```
▶▶And 4<sup>th</sup>, ~ keeping our minds alert for prayer would undoubtedly include ~ 77
   being aware of the prayer needs of our fellow believers.
   >>Paul calls us to intercessory prayer in Eph. 6:18b (NLT).
      ⇒⇒Stay alert ~ and be persistent ~ in your prayers for all believers everywhere.
      → Our natural tendency is to focus mostly or totally on our own concerns.
         → Paul turns us away from that thinking ~ by telling us ~ to remember ~ 77
             → our fellow believers in our prayers.
      → Another tendency we have ~ is to limit ~ most of our praying ~ to prayers for
      people in crisis.
         →→ While that is important, ~ there is much intercessory prayer ~ 77
```

→ that needs to take place ~ before the crises hit.

CONTINUING ON WITH PAUL'S INSTRUCTIONS FOR PRAYER, ~ NOTE VERSE 2c.

HERE ~ PAUL POINTS OUT ~ THAT WE ARE TO HAVE ~ A THANKFUL ATTITUDE ~ when we pray.

 $\blacktriangleright \blacktriangleright$ This ~ is the 6th time ~ in this letter ~ Paul has called on believers ~ to be ~ a thankful people.

```
\blacktriangleright As we noted before, \sim the emphasis on gratitude \sim highlights \sim the importance \sim 77
    Dof being grateful to God ~ and ~ of expressing that thanks ~ in word and deed.
AND AGAIN, ~ WHY THIS EMPHASIS?
 ▶▶ As we've observed before, ~~ could it be ~ that by nature ~ we hard-wired to be ~
 ungrateful people?
    \triangleright We are ~ ever more ready ~ to grumble ~ than to give thanks.
        →→Israelites....
    >> We take for granted ~ what ought to be received ~ with humble gratitude.
 ▶▶Such is the nature ~ of the human heart.
    \triangleright Jer. 17:9 (CSB). \Rightarrow The heart is ~ more deceitful than anything else, ~ and
    incurable ~ who can understand it?
 ▶▶That's why God ~ gives us a new heart.
    >>One ~ that is more than capable ~ of developing an attitude of gratitude.
OUR PRAYERS ~ ARE TO BE ACCOMPANIED ~ BY THANKSGIVING, ~ PAUL SAYS.
 ▶ Paul ~ also links thankfulness to prayer ~ in Phil. 4:6b (CSB).
```

>>but in everything, ~ through prayer and petition ~ with thanksgiving, ~ present your

requests to God. 11 11/14

- ▶▶Thankfulness ~ is a key component of ~ a meaningful ~ and effective ~ prayer life.
- ▶▶Being thankful to the Lord ~ reminds us ~ of our total dependence on him.
- ▶▶And being thankful ~ for answered prayer in the past, ~ will give us confidence ~ 77

D that he will answer us ~ in the present.
 ⇒ Ps. 13

▶▶And we have much ~ to be thankful for

AND EXPRESSING OUR THANKS TO THE LORD ~ IS TO BE A CONTINUOUS ACTIVITY.

- ▶ Recall ~ back in Col. 3:15c, ~ Paul exhorts us, ~ And be thankful.
- ▶▶As noted ~ the tense of the Greek verb ~ shows this ~ to be a continual thing.

>>It could be translated as ~ And always ~ be thankful.

- ▶▶Believers ~ are to have a continual ~ attitude ~ of gratitude ~ toward the Lord.
- ▶▶And not just in our prayer life, ~ but in ~ every area ~ of our lives.

 $\triangleright \triangleright \mathsf{Col.}\ 3:17\ldots$ $\Rightarrow \Rightarrow 1$ Thess., $\sim \mathsf{give}\ \mathsf{thanks} \sim \mathsf{in}\ \mathsf{all}\ \mathsf{circumstances}.$

CONTINUING ON WITH PAUL'S INSTRUCTIONS FOR PRAYER, ~ NOTE VERSES 3-4

IN THESE VERSES, ~ HE ASKS FOR PRAYER ~ FOR ~ HIMSELF AND HIS MISSIONARY team. 11 12/14

▶▶Here I want to highlight, ~ not the content of the requests, ~ 77

1st, ~ PAUL WAS BOTH A MISSIONARY AND A SPIRITUAL LEADER.

- ▶▶We must not forget ~ to pray for ~ missionaries and our spiritual leaders.
- ▶ Since we do not hear from missionaries all the time, ~~ it might be easy to forget to pray for them.
- ►► Also, ~ 77

 $\triangleright \triangleright$ we may think ~ that since our spiritual leaders ~ are spiritually strong and mature, ~ they might not need prayer.

 $\triangleright \triangleright$ But Paul dispels that notion.

 \rightarrow No one \sim could accuse Paul \sim of being spiritually weak or immature, \sim and yet \sim even he asked for prayer.

>>It doesn't matter ~ how spiritually strong or mature ~ our spiritual leaders are, ~ 77

→ they need prayer ~ just like every other believer.

THE 2^{nd} ~ VALUABLE LESSON WE LEARN ABOUT PRAYER HERE ~ IS THAT ~ WE NEED TO pray ~ specifically.

►Notice ~ that Paul ~ has two specific prayer requests in verses 3-4 11 13/14

- ▶▶We must learn to pray ~ specifically.
- ▶▶That's why it's so important ~ to open our lives up to each other ~ 77
 - $\triangleright \triangleright$ and share our burdens and needs, \sim etc., \sim so we can pray specifically for each other.
- ▶▶It's a tactic of the enemy ~ to convince us one way or another to ~ not ~ ask for prayer.
 - \triangleright If we fall for it, ~ then he ~ can work on us alone ~ and destroy us.
 - >>I believe the enemy ~ trembles ~ when believers are praying for one another.
- ▶▶So let's not hesitate ~ to ask for specific prayer.
- $\blacktriangleright \blacktriangleright$ So to help us pray for each other specifically, \sim let's share our burdens and needs, \sim etc. with one another.

LET'S PRAY 14/14